

"Spreading the scissors" means to place the closed scissors into the tissue then open them so that the tissue is opened with the dull portion of the blade (the outside of the scissors) instead of the sharp portion of the blade (the inside of the scissors). See Figure 1.

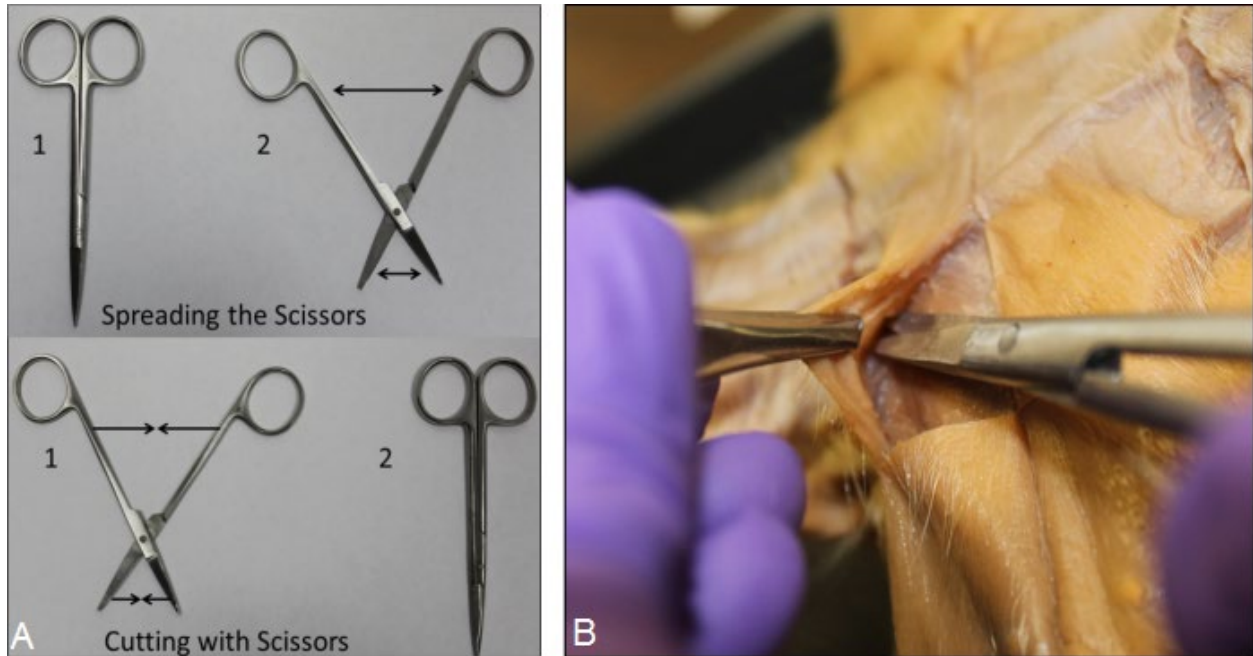


Figure 1. Removing connective tissue. **A.** Directions for spreading the scissors compared to cutting with scissors. **B.** Separating the layers of muscle and fascia: using the tissue forceps to grab the tissue while separating it from underlying muscles with the scissors.